



Shree Shankar Narayan Education Trust's
SHANKAR NARAYAN COLLEGE OF ARTS & COMMERCE
BMS, BSc.IT, BSc.CS, BAF, BBI, BFM, MSc.IT, M.Com
(Affiliated to the University of Mumbai)
Mahavidyalaya Marg, Navghar Road, Bhayandar (East), Thane – 401105, Maharashtra

Research and Development Cell
And
Tata Institute of Social Sciences (TISS)



Jointly Organizes

**2-Day Teacher's Training Workshop on
Promoting Mental Well-being and Enhancing Students Mental Health
(Preventing risk of suicide and Depression among college students)**

Program Schedule: Day 1: Monday Date: 28th July 2025 Time: 10:00 am
Venue: Conference Hall, (Room No. 20), First Floor

10:00 am	Welcome and lighting of the lamp
10:05 am	Inaugural speech by Dr. Anupama Gawde Co-ordinator, Research and Development Cell
10:15 am	Welcome speech and Felicitation of guest and team of TISS - Principle Dr. V.N. Yadav
10:25 to 11:25 am	Guest Address by Resources person from (TISS) - Understanding Mental health in Academic setting
11:25 am	Key note address: Shri Rohidas Patil President - S.N Education trust
11:25 am	Vote of thanks
11:30 to 2 pm	Teachers Training – Day 1 Mental Health First Aid, Understanding suicide warning signs, risk Factors & Protection factors of suicide

Dr. Anupama Gawde
Co-ordinator, Research & Development Cell



Dr. V. N. Yadav
Principal
Shankar Narayan College
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